#### "October 2024"

## **Weekly Announcements**

Sunday's - 10am Sunday School Classes

for all ages In-Person (Adult Class In-Person & Live Stream)

11am Morning Worship Service In-person & Live Stream

Monday's - 10am Prayer Call Leader Dea. John DuBose

Wednesday's - 11am & 6pm Sunday School Lesson Teacher's Meeting, Prayer Time & Bible Study In-person & Live Stream

> Friday's - 10am Prayer Call Leader Dea. Major Carter

Prayer call line information: 1-605-475-4700 (Pin) 849592#

All Church Announcements and request for Funerals, Weddings and Special Events including those request from the community are to go through the church office 951-684-8782 (press 1)



## Additional Weekly Announcements & Events for October

PAMBC Praise Singers - choir rehearsal Wednesdays @ 7:30pm

**Lydia Circle** - meet every 2<sup>nd</sup> & 4<sup>th</sup> Mondays of the month @ 6:00pm on Zoom (Contact Sis. Bessie Miller-Gaylord or Sis. Sandra Woods-Adeyeye for Zoom info)

Men's Ministry - meet 2<sup>nd</sup> Saturday of every month @ 9am in the dining room

**Good Samaritan Circle** - meet every Wednesday on Zoom @ 2:00pm (contact Sis. Princess Jones for Zoom info)

**Ruth Circle -** meet every Thursday on Zoom @ 1:30pm (contact Sis. Anna Mays or Sis. Barbara Dedeaux for Zoom info)

Praise Ministry - meet 2<sup>nd</sup> & 4<sup>th</sup> Saturdays of the month @ 10am in the sanctuary (for all ages)

#### **October Events**

Alzheimer's and Dementia Awareness Seminar Saturday October 5, 2024 10a-12p

#### **November Events**

Tuesday Nov. 5<sup>th</sup> "2024 United States Election Day - Go Vote" Sunday Nov. 10<sup>th</sup> @ 11a PAMBC Annual Veterans Day Ceremony Sunday Nov. 17<sup>th</sup> @ 11a PAMBC 109<sup>th</sup> Church Anniversary

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## ALZHEIMER'S AND DEMENTIA AWARENESS SEMINAR

Saturday October 5, 2024 – 10a-12p

at

Park Avenue Missionary Baptist Church 1910 Martin Luther King Blvd. Riverside, CA 92507

Rev. L.E. Campbell, Pastor

Are you caring for others? Are you feeling burned out, tired, hopeless?

Learn about self-care from Cynthia Young, Author of "Memoirs of a Caregiver"

Park Avenue Missionary Baptist Church is pleased to present Ms. Cynthia Young, Author of *Memoirs of a Caregiver and Grammy Doesn't know Me: Alls Hi Mers Took Her Memories*. Additional, her work includes a trilogy of poetry books titled "Cynthology: A Collection of Rhymes".

Join us on October 5<sup>th</sup> as Ms. Young talks about her caregiving journey of nineteen years, caregiver burnout and caregiver self-care.

"Never Too Early Never Too Late"



Cynthia Young, Author

Hosted by Park Avenue "Men's Ministry"



# October

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## Awareness Month

